



**Time to rest, driving on holidays and vacations.**



Every year, when a holiday or our long-awaited vacations arrive, thousands of people decide to take their vehicles and head somewhere to rest and restore their energy.

Taking some days off at least once every year is necessary and refreshing. It allows us to relax our minds and bodies and gives us the possibility to return to our activities with more focus, energy, and be even more creative and motivated.

To have a safe trip and get to the destination that will allow you to relax, we recommend that you take into account these measures:

- Make sure your vehicle is in good conditions and has been regularly inspected as recommended by the manufacturer. Inspect your tires, headlights, oil, water, wipers, etc.
- Plan your trip in advance. Seek the safest route, the hours and days of less traffic, define the stops you will make, know the location of gas stations in case you need to refuel. Remember it is always much safer to travel during the day.
- Have some good recharging rest before traveling. Sleeping 6-8 hours is very important to drive safely. In case you feel drowsy while driving, it is better to stop and rest.



- **Never consume alcohol or drugs if you are driving.**
- **We recommend light meals and drinking water, as this will help you not to feel tired and sleepy.**
- **Be patient, in case you find yourself in a traffic jam, remember that getting nervous or irritated will not make the traffic flow. It is better to breathe, have a positive attitude, put on some good music, and think that what matters is to get safely to your destination to be able to enjoy it.**
- **Always follow the traffic rules and adjust your speed to the circumstances of the road, the weather, and the traffic.**
- **Keep a distance from the vehicle ahead that allows you to brake safely and look ahead as much as possible to anticipate risks.**
- **Avoid risky maneuvers, overtake where it is safe and permitted, and only if required.**



Drive with responsibility and safety to have a trip that will get you to the destination you want and have fun and enjoy your well-deserved rest.

**Your safety while driving is also the safety of the other road users.**

**We are counting on you!**

